

## Tammy 'Tam' Helenske

New Media Artist

Sacramento, CA

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<https://tammyhelenske.com>

### EDUCATION

2019

- MA, California State University – Sacramento, CA

2016

- BA, California State University, Cum Laude – Sacramento, CA

### ADDITIONAL EDUCATION

2014

- AAS American River Community College – Sacramento, CA
- AAS Cosumnes River Community College – Sacramento, CA

### SCHOLARSHIP/AWARDS/FELLOWSHIPS

2018

- Increase Robinson Memorial Fellowship, California State University Sacramento, Sacramento, CA

2016

- Peggy Saunders Hall Memorial Scholarship, California State University Sacramento, Sacramento, CA

2015

- Raymond W. and Joyce Witt Scholarship, Cosumnes River College, Sacramento, CA
- Students Awards Show, Undergraduate-Student category, California State University Sacramento, Sacramento, CA
- University Art Product Award, California State University Sacramento, Sacramento, CA
- Juanita and Jose Montoya Scholarship, California State University Sacramento, Sacramento, CA

2013

- SACNAS Travel Scholarship, Cosumnes River College, Sacramento, CA
- AAUW Citrus Heights Branch Scholarship, American River College, Sacramento, CA
- Robert Jensen Family Scholarship, American River College, Sacramento, CA

2010

- SACNAS Travel Scholarship, American River College, Sacramento, CA
- MESA Directors' Scholar Award, Cosumnes River College, Sacramento, CA
- MESA Leadership Engineering Award, Cosumnes River College, Sacramento, CA

### SOLO AND GROUP EXHIBITIONS

2019

- *Entropy, Portals and Passages, MA Exhibition*, University Library Gallery Annex, California State University Sacramento, Sacramento, CA

2018

- *A Tasteless Liquid that Forms the Sea*, Robert Else Gallery, California State University Sacramento, Sacramento, CA
- *ROOM*, Robert Else Gallery, California State University Sacramento, Sacramento, CA

2017

- *131B*, Robert Else Gallery, California State University Sacramento, Sacramento, CA

2016

- *Barmecidal Banquet: An Illusionary Feast of Dreams*, California State University Sacramento Arboretum, Sacramento, CA
- *Kairos: A Non-Linear View Through Altering Realities*, R.W Witt Gallery, California State University Sacramento, Sacramento, CA
- *Secrets*, R.W. Witt Gallery Show, California State University Sacramento, Sacramento, CA

## SELECTED GROUP EXHIBITIONS

2017

- *Journey of Hope*, Elk Grove Fine Arts Center, Elk Grove, CA
- *First Fest Sacramento Art Installation*, Sacramento River Walk, Sacramento, CA
- *Patterns of Disorder Salon 3*, The Red Museum, Sacramento, CA

2016

- *Hostage, U-Create*, Beatnik Studio's, Sacramento, CA
- *Journey of Hope*, Elk Grove Fine Arts Center, Elk Grove, CA

2015

- *Student Purchase Award Show*, Union Gallery, California State University Sacramento, Sacramento CA

2013

- *Student Art Show*, American River College, Sacramento, CA

2012

- *UC Davis Student Show*, American River College, Davis, CA

2011

- *Fall Juried Student Art Show*, American River College, Sacramento, CA

2010

- *Cost of War*, Sol Collective, Sacramento, CA

## LECTURES AND PANELS

2018

- Guest Speaker, Course Art7, California State University Sacramento, Sacramento CA
- Guest Speaker, SAVA Highschool, Sacramento, CA

2017

- *Patterns of Disorder Salon 3*, Stop Stigma Speaker and Panelist, The Red Museum, Sacramento, CA

## PUBLICATIONS

2017

- Calaveras Station Journal, California State University Sacramento, Sacramento, CA

## COMMISSIONS + PROPOSALS – PUBLIC ART

2018

- Florin Historical Society, Old Florin Town Historical Mural/New Media project, Sacramento, CA – Work in Progress
- Group Project, Ramona Traffic Roundabout, Power Inn Alliance and California State University, Sacramento, Department of Arts and Letters Partnership, Sacramento, CA