

In the Flesh: A Representation of Unity in Diversity

By Tammy Helenske

In the Flesh is a themed based installation where each box represents all human skin tones throughout the world. People are often miss-judged by the color of their skin. The similar shape of the boxes represents our sameness of being human which is framed into our perceptions of each other that can sustain and imprison us. When one form moves, they all move; thus, is it the unseen threads of life that ties us together and create a necessity for unity beyond judgement

Tammy Helenske is a Sacramento artist. She received a Bachelor's degree in studio art at California State University of Sacramento. She is currently pursuing a master's degree in art. Her installation art projects blend new media, sound, lighting, sculpture, performance and social practice which is often staged in a gallery or in an outdoor environment. Her pieces are often philosophical, thematic, interactive installations that evolve around a multi-layered concept. Viewer participation can be an integral part of the work.

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